



Alice Green

Licensed Zumba Fitness

Instructor

Cell: (352) 212-9108

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<http://alicegreenzumba.com>

Sharper Image Performance

Dance Studio

6621 W. Gulf To Lake Hwy.

Crystal River, FL (352) 563-5550

Class Schedule:

Tuesday 6:00–7:00

Thursday 6:00–7:00

More Classes/Location

Mellodie's Body Image Gym

1101 Middle School Road

Inverness, FL (352) 637-5400

Schedule:

Mon. & Wed. 5:30–6:30

Saturday 10:30–11:30

Class Price List:

- \$5.00 per class or “Punch card” available for \$20.00 - (buy 4 classes, get 1 free)
\$20.00 non-refundable & Punch Card non-transferable
- Forms of Payment accepted:
Cash and/or Checks.

NOTES:

- **Zumba Fitness classes are independently operated from Sharper Image Performance Dance Studio**
- ** Each time participants sign-in for Zumba Fitness classes, they will also sign a “Release of Liability Waiver” **



** Special Rates**

Citrus Memorial Hospital Employees (CMH)

- Buy 10 classes for \$30.00.
\$30.00 non-refundable & Punch Card non-transferable
- Must purchase 10 class punch card/\$30.00.
- Must be a current CMH Employee.

Citrus County Schools Employees (CCSB)

- Buy 10 classes for \$30.00, or pay by the class price \$3.00 per class
\$30.00 non-refundable & Punch Card non-transferable
- Must be a current CCSB Employee.

Save 10% on ZUMBA WEAR

Visit: www.zumba.com

Use my Zumba Affiliate code

SHOPAG1 (at checkout)— card attached

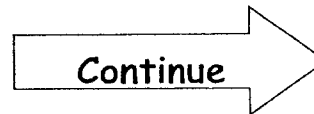
About your Instructor:

Alice Green

I Love and Enjoy Zumba Fitness!

I have a sports background, and I am an Elementary Physical Education Teacher. I have my Physical Ed. State of Florida and my National Board Teaching Certifications. I started participating in Zumba Fitness classes as a part of an annual local Fitness Challenge Program. I was hooked by the end of the 5th week.

I enjoy teaching, and I truly enjoy being a Zumba Fitness Instructor. I believe in paying it forward to others, so they can achieve a healthy, active lifestyle.



I have been a licensed Zumba Fitness instructor since 2009.

I am also licensed/qualified to teach Zumba Gold, Zumbatomic, Zumba Toning, and Zumba Gold Toning classes. (visit www.zumba.com for details).

I am CPR/AED certified and I am an active member in the Zumba Instructors' Network.



What is Zumba Fitness?

Zumba is a Latin inspired, dance-fitness class that incorporates Latin and International music and dance movements. The cardio-based dance movements are easy-to-follow steps that include body sculpting, which targets gluteals, legs, arms, core, abdominals, and the most important muscle in the body, the heart.

The Zumba program fuses hypnotic Latin rhythms and easy-to-follow moves to create a one-of-a-kind fitness program that will blow you away. The routines feature interval training sessions where fast and slow rhythms and resistance training are combined to tone and sculpt your body while burning fat.

Zumba is Fun, Different, Easy, and Effective!

Are you Ready to Zumba?